



I am proud and honored to launch the inaugural issue of our new academic endeavor – Annals of Psychiatric Research.

Mental health is an important and often neglected aspect of healthcare in India. Despite the high prevalence of mental health problems, access to quality care remains a significant challenge for many people in our country.

One of the major challenges is the shortage of trained mental health professionals. With only around 9000 psychiatrists in the country, the majority of the population has little access to psychiatric care. This is a significant concern as mental health has been reported to affect approximately one in four individuals in India.

Another issue is the cultural stigma surrounding mental health. Many people in India still view mental illness as a sign of weakness or a personal failing, which can prevent them from seeking help. However, with the growing awareness and acceptance of mental health issues, there is a growing demand for mental health services and consequently for quality research work.

In this journal, we will feature articles on the current state of mental health care in India and the latest research on various aspects of mental health conditions in our country. Annals of Psychiatric Research will publish original research, clinical review, invited reviews, case report, perspectives/viewpoints, short communications, and editorials.

As the editor in chief of this journal, I am honored to be part of this initiative to bring attention and awareness to the ongoing research in the field of mental health. With this journal, we hope to bridge the gap between researchers, practitioners and policy makers and to improve the mental health of our nation.

The inaugural issue of our Journal is an important step in our mission to promote the highest standards of care and research in the field of psychiatry in India. We hope that it will be a valuable resource for all those working to improve the mental health of our communities.

I express my heartfelt gratitude to all of the members of IPS-Rajasthan Chapter for their constant support and encouragement throughout. I am honored to be associated with such a dynamic and dedicated organization. Long live IPS-Raj !

I am indebted to my **Editorial Team** for their unwavering support and hard work in the creation of this inaugural issue. Their dedication and commitment to excellence has been an inspiration to me, and I could not have completed this project without their invaluable contributions. Their guidance and expertise has been critical in shaping and refining the content of this journal. Their attention to detail, insightful feedback, and creativity have helped to bring my ideas to life and make this inaugural issue truly exceptional. I am deeply grateful for the time and energy that they have invested in this project, and I am proud to have had the opportunity to work with such a talented group of individuals.

Once again, I would like to express my sincere appreciation for all that you have done to make this project a success. Your contributions have been invaluable, and I am deeply grateful for the opportunity to work with each and every one of you.

Sincerely,

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